

## Bonarcado - Cabras

Touring bike

Total distance

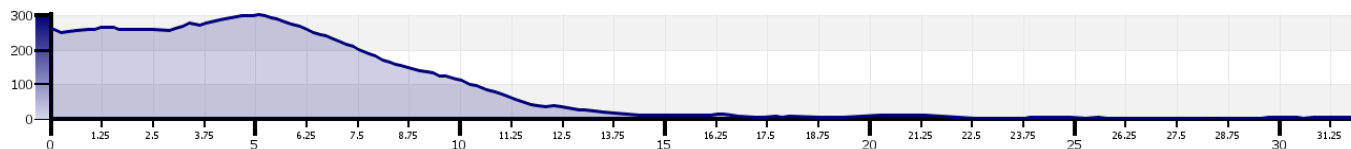
32km

Total ascent 50 mt

Max elevation 300 mt a.s.l.

Total descent 300 mt

Min. elevation 1 mt a.s.l.



## ROAD BOOK

N	WP	T km	P km	Elev.	Pav.	Direction
1	40.098129°N 8.654840°E	0,00	0	265	asphalt	Start
2	40.096115°N 8.655575°E	0,23	0,23	251	asphalt	Leave the town to Seneghe (SP11)
3	40.085377°N 8.618054°E	4,20	3,97	291	asphalt	Seneghe: cross the town on the main street to Narbolia
4	40.055302°N 8.579071°E	10,65	6,45	85	asphalt	Narbolia: cross the town to San Vero Milis (SP13)
5	40.016689°N 8.596153°E	15,95	5,30	10	asphalt	San Vero Milis: go through the town heading to Riola Sardo (SP10)
6	40.011673°N 8.543476°E	21,32	5,37	11	asphalt	Left to Riola Sardo (SP11)
7	40.001633°N 8.534803°E	22,67	1,35	3	asphalt	Left to Riola Sardo (SS292)
8	39.997898°N 8.538118°E	23,17	0,50	1	asphalt	Riola Sardo: turn right just after the bridge to Cabras
9	39.938892°N 8.529768°E	31,00	7,83	4	asphalt	Cabras: follow to town centre
10	39.932343°N 8.527562°E	31,93	0,93	4	asphalt	Arrive